

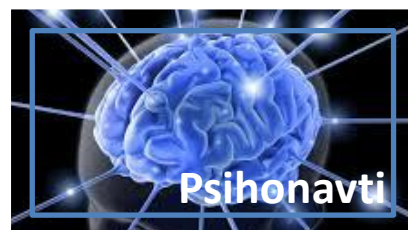


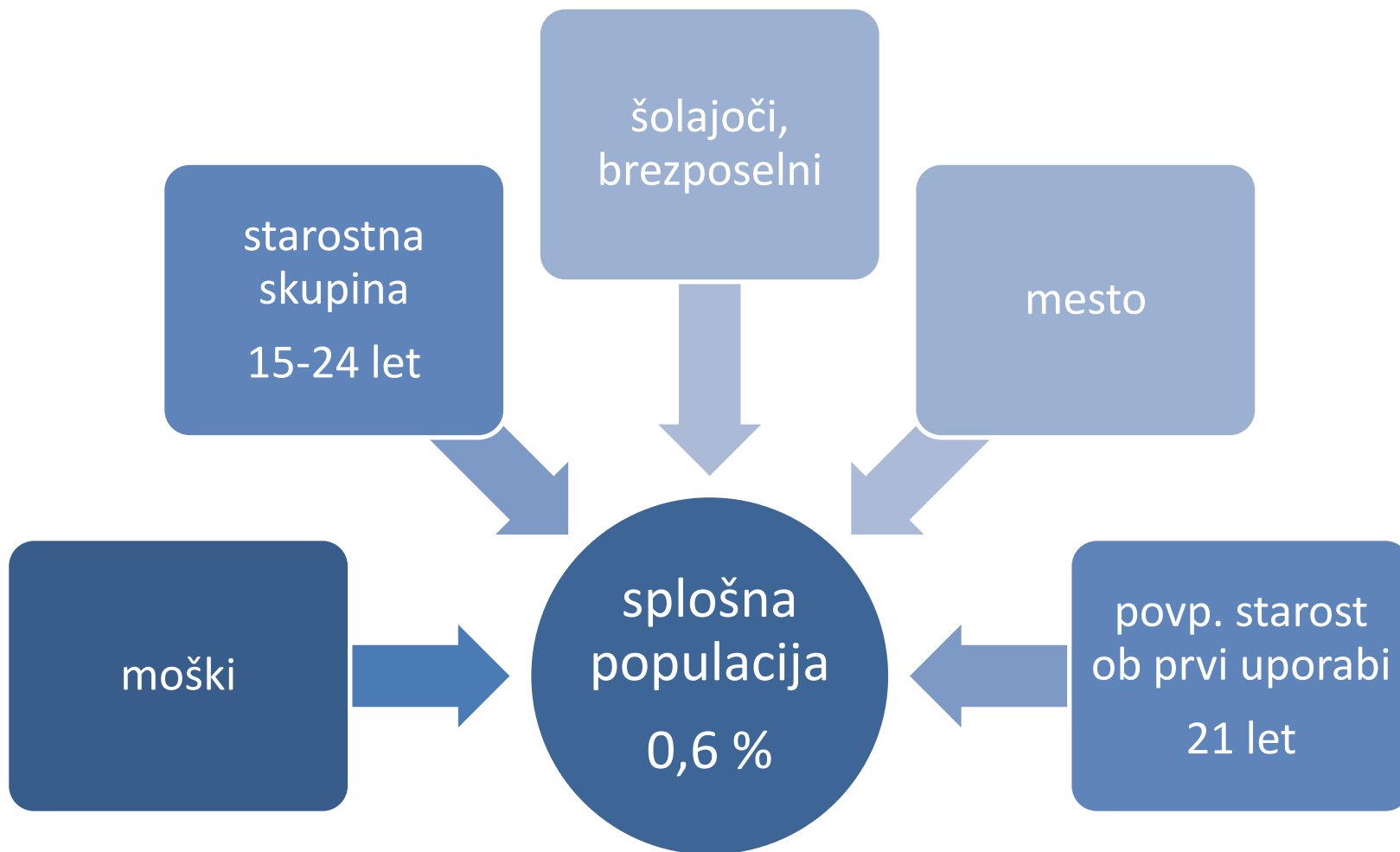
Nacionalni inštitut  
za **javno zdravje**

# Kdo so uporabniki NPS & I-SEE projekt

**Andreja Drev**

# Kdo so uporabniki NPS?





Vir: Anketa o uporabi tobaka, alkohola in drugih drog 2011-2012, NIJZ

# Mladi 15-24 let



že kdaj v  
življenju 13 %

v zadnjem letu  
4 %

v zadnjem  
meseču  
3 %



Kje  
dobijo?

- prijatelji
- preprodajalec
- redkeje splet

Kje  
uporabijo?

- zabave,  
dogodki
- s prijatelji
- redkeje sami

# Uporabniki NPS



starost:  
15-40 let

obiskujejo  
nočne  
klube,  
zabave,  
prireditve z  
elektronsko  
glasbo

najpogosteje  
uporabljajo :  
3-MMC,  
metilon,  
mefedron

NPS dobijo ali  
kupijo pri  
prijatelju, pri  
preprodajalcu, le  
redko prek  
spleta

uporabljajo v  
lokalu, klubu,  
doma, pri  
prijateljih, na  
partijih ter tudi  
na prostem (v  
parku)

večina NPS  
uporablja v  
kombinaciji s  
klasičnimi  
drogami



Vir: Raziskava o značilnostih novih  
vzorcev uporabe drog, DogArt

injiciranje 3-  
MMC

pomanjkanje  
heroina,  
kokaina



samozavest

večja želja po  
spolnosti/  
bolj intenzivna  
izkušnja

injicirajoči  
uporabniki  
drog

moški, ki imajo  
spolne odnose  
z moškimi

cena

dostopnost

posledice



lažje se  
povežejo z  
drugo osebo

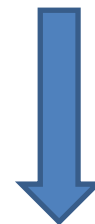
posledice



Tipični „psihonavt“ je:

- belopolt moški, star 15-35 let
  - univerzitetna izobrazba
  - dobra zaposlitev
  - IT znanje
  - uporabnik drog
- (Orsini in sod. 2015)

## Sintetični kanabinoidi v zaporu – zakaj?



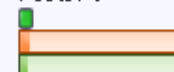
Raziskava:

cena, dostopnost, testi ne zaznajo, sprostitev, čas hitreje mine  
(Baker 2015)



**weedfreak**

Silver Member

Join Date: 15-02-2005  
36 y/o Male from Netherlands  
Posts: 9**Re: 3-Methylmethcathinone (hydrochloride) Experience Reports**

Since there is little known about this substance, I'd like to share my experience. A warning is also in place since there is also nothing known about the health consequences about this substance.

Purchased from an online vendor, but I'm not sure yet if this vendor is reliable. The 3-mmc looks like really fine sugar crystals, which are quite hard to break down. Setting for this trip is my own home at the end of a warm spring day.

First, did an allergy test to see if this substance agrees with me at all. Since there was no reaction, I tried 35 mg insufflated, which burns quite a bit. It's different than insufflating 4-FA, which feels like being kicked in your face. This burns less, but longer. I can't compare this to the burn of 4-mmc, since that has been too long ago.

+ 10 min It feels like a stimulant. I try another 15 mg.

+ 15 min After smoking a cigarette, I lay down for a moment. I feel a little overwhelmed.

+ 45 min This seems like a typical cathinone stimulant, not very euphoric, but I feel nice. I try another 35 mg insufflated

+ 1:15 min Let's try a comparison between 3-mmc and other 4-mmc replacements: first off 4-mec. 4-mec is less potent and less euphoric than this. With 4-mec I've experienced the same [side effects](#) as 4-mmc, like rapid heartbeat, [vasoconstriction](#) and the dreaded [mephedrone](#) smell, but not the positive effects. I've also tried 3,4-dmmc but that is just a waste of time. Maybe that needs a larger dose than 150mg, but I wasn't willing to try. The best alternative to 4-mmc I've found thusfar is 4-fmc. It is a nice mild stimulant which combines great with [methyloone](#). But on it's own it still isn't very exciting. 3-mmc seems to generate more [euphoria](#), I really enjoy writing this atm.

+ 1:45 Decided to take a shower, I was sweating and smelly. I always enjoy a shower when I'm on [stimulants](#). Some jaw-clenching, restlessness and a fast heartbeat, but I feel fine. This substance is less pushy than 4-FA and it doesn't make me horny like methyloone does. Quite relaxing.

+ 2:15 I feel like I'm back to normal, no [comedown](#) or uncomfortable feelings. Heartbeat is still quite fast. It's way less moreish as 4-mmc. I'd be going on for hours on that stuff. I'm actually hungry and eat a small meal of white beans in tomato sauce.

Conclusion: 3-mmc was a nice, short acting, mild stimulant, comparable to 4-fmc. I enjoyed it.

**Post Quality Reviews:**

Good read, informative and extra point for the pioneer work!



good info, articulate.





# I-SEE projekt – naši cilji



vzpostaviti regijske sisteme za zgodnje opozarjanje na NPS (predstavniki policije, NVO, NIJZ, zdravstvenih ustanov)



omogočiti hitro odkrivanje NPS-jev v regijah



omogočiti anonimno zbiranje vzorcev NPS – anonimni zasegi



skrajšati čas od zasega NPS do ukrepanja – krepitev NFL z materiali



izmenjava informacij s Hrvaško in Italijo

# NIJZ: katere naloge smo izvedli v 2015?

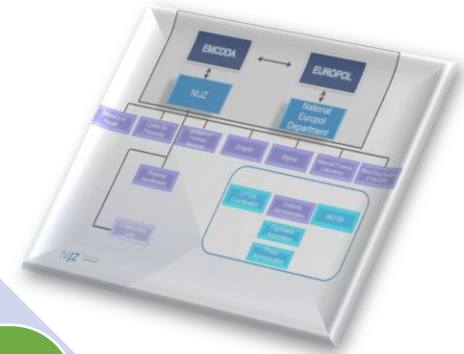
## 4 izobraževanja

### 17. april 2015 prvo nacionalno srečanje

- dogovor o datumih in krajih izobraževanj o NPS za predstavnike javnega zdravja, policije in NVO
- vsebina izobraževanj
- lista vabljenih



# NIJZ: kaj smo vzpostavili v 2015?



imenovali 8  
regijskih  
koordinatorjev

vzpostavili 8  
regijskih sistemov  
za zgodnje  
opozarjanje



# NIJZ: druge aktivnosti



& v roku smo pripravili tudi vsa poročila (vsebinska, finančna ....)

..... in v letu 2016



izboljšati **izmenjavo**  
**informacij o NPS** med  
Slovenijo, Italijo in  
Hrvaško

zasnovati in vzpostaviti  
**bazo o NPS**



pripraviti  
**2. nacionalno srečanje**

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