

INSTRUCTIONS FOR THE IMPLEMENTATION OF MEASURES TO PREVENT THE SPREAD OF COVID-19

In an effort to prevent the spread of SARS-CoV-2 infection, all those entering Slovenia are required to follow these instructions:

If you are showing any symptoms of respiratory infection, including feeling unwell, cold symptoms, coughing, fever or breathing difficulties, or if you have been diagnosed with COVID-19, you should avoid contact with others and immediately CALL your chosen personal physician or emergency medical service for further instructions. Inform them that you have recently returned home from international travel.

If you are healthy, you should still practice social distancing for 14 days after your return to Slovenia. You should especially avoid contact with the elderly and those with chronic diseases or immunocompromising conditions (e.g. cardiovascular conditions, respiratory diseases, diabetes, kidney disease and cancer). They are all at higher risk for severe illness from COVID-19.

If you start showing any symptoms of respiratory infection, including feeling unwell, cold symptoms, coughing, fever or breathing difficulties, stay at home and immediately call your chosen personal physician or emergency medical service for further instructions.

You should also follow general instructions to prevent the spread of infectious diseases:

- **Avoid close contact with people showing symptoms of infectious disease.**
- **Avoid touching your eyes, nose and mouth.**
- **Wash your hands** with soap and water regularly.
- If water and soap are not available, use **hand sanitizer** with at least 60% ethanol content. Hand sanitizers are for external use only. Cleaning products and disinfectants for surfaces are not to be used on skin.
- **Avoid confined crowded spaces.**
- Ensure that **confined spaces are well ventilated.**